

Maine Association of Diabetes Educators

A STATE COORDINATING BODY of the



Annual Fall Diabetes Clinical Update Conference



Diabetes: Cutting Edge Approaches

Sunday 3 PM, October 15 – Tuesday 12 PM, October 17, 2017
Point Lookout
67 Atlantic Highway (Route 1) - Northport, Maine

Join us at this wonderful retreat on the coast of Maine with spectacular views of Penobscot Bay.

Sponsored by:

Maine Association of Diabetes Educators (MeADE) – *a Coordinating Body of AADE*

ACCREDITATION STATEMENT - American Association of Diabetes Educators

The American Association of Diabetes Educators is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This program provides 12 contact hours of continuing education credit.

The American Association of Diabetes Educators is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program is eligible for ACPE credit. See the final CPE activity announcement for specific details ACPE Universal Activity Number: TBA. Effective Date: October 15, 2017 to October 15, 2018

The American Association of Diabetes Educators (AM001) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 12 Continuing Professional Education Units (CPEUs) for completion of this activity/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials.

Certified Diabetes Educators: To satisfy the requirements for renewal of certification for the National Certification Board of Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE list of Approved Providers (www.ncbde.org). NCBDE does not approve continuing education. The American Association of Diabetes Educators (AADE) is on the NCBDE list of Approved Providers.

Please register online at www.myaadenetwork.org/maine

About the Conference

This is the annual two and a half day update conference of the Maine Association of Diabetes Educators (a coordinating body of AADE). The content is geared to the learning needs of those health professionals who are interested and engaged in diabetes education in the state of Maine, primarily RN's, RD's, and Nurse Practitioners, many of whom are CDE's, along with Pharmacists. The Planning Committee meets year-round to plan a comprehensive program that addresses previous requests on evaluation forms as well as perceived needs and timely topics. Various parts of the program will address all seven AADE Self Care Behaviors.

The goal of this conference is to give diabetes educators and allied professionals the opportunity to explore traditional and non-traditional approaches to glycemic management and support for our clients with diabetes. Activity is knowledge-based.

Successful Completion: For successful completion, participants are required to attend the full activity, then complete and submit the program evaluation at the conclusion of the educational event. CEs will be awarded per day or for the entire conference.

About the Sponsoring Organization

Maine Association of Diabetes Educators (MeADE) – a Coordinating Body of AADE

MeADE started to meet on a regular basis in 2005 and was chartered as a chapter of the American Association of Diabetes Educators (AADE) in August 2006.

The purposes of MeADE are to:

- To provide diabetes educators with a forum for learning opportunities/continuing education through meetings, workshops, and networking.
- To ensure quality diabetes self-management education for individuals with diabetes based on the national standards of care and lifestyle management for the prevention of diabetes mellitus.
- To promote leadership within the local diabetes community.
- To promote AADE's legislative agenda pertinent to the diabetes educator and individual with diabetes.
- To promote membership in AADE.

To learn more about AADE, including how to join, go to www.diabeteseducator.org

Who Should Attend

Diabetes educators and health care providers including: nurses, dietitians, nurse practitioners, pharmacists, social workers, physical therapists, diet technicians, case managers and other health professionals interested in diabetes care. Level of Program for Target Audience: Level 2: Assumes participant has general knowledge of area(s) covered.

About Point Lookout - 67 Atlantic Highway (Route 1), Northport (www.visitpointlookout.com)

Point Lookout is surrounded by the awe-inspiring views of the mountains and bay below. Their athletic facilities include a fully equipped fitness center, racquetball, squash, virtual golf, gymnasium, turf soccer field, baseball field, hiking trails, and more.

Overnight Accommodations – Make your reservations by September 18!

The all-pine cabins—one, two, or three bedroom—are fully heated and air-conditioned and feature: a kitchen with refrigerator, microwave, and coffeemaker; dining table; queen and king-size beds; cable TV and DVD players; wireless internet access; propane fireplaces; and screened-in porches.

You may choose from: **1 bed, 1 bath cabin at \$140 (Queen) and \$165 (King) per night;**
(each bedroom contains **2 bed cabin at \$165 (1 bath) and \$200 (2 bath) per night; and**
one bed) **3 bed, 2 bath cabin at \$281 per night**

Overnight reservations are made directly with Point Lookout. Call 800-515-3611 by September 18.

Reasonable arrangements for persons with disabilities or special dietary needs will be made if requested before September 18. Contact 207-622-5330 or greatgatherings@gwi.net

Conference Agenda

Sunday, October 15, 2017

- 12 pm **MeADE Board/Annual Meeting** – open to all members
- 3 pm **Registration opens**
- 4 - 5:30 pm **Medication Updates to Enhance Better Diabetes Self-management**
Jessica Bates PharmD, *Clinical Pharmacist, Penobscot Community Health Care and Clinical Assistant Professor, University of New England*
- 5:30 - 7 pm **Welcome Reception at the Summit**

Monday, October 16, 2017

- 6:30–7:30 am Breakfast Product Theater (See confirmation email for more details. No CEs provided)
Please read important change about Breakfast below.
- 7-8 am Registration / Silent Auction begins / Exhibit Viewing
- 8-9 am **Novel Technologies for Promoting Behavioral Change: What do we need to think about?**
David Grayson Marrero PhD, *Director, Center for Health Disparities; Professor of Medicine and Public Health, University of Arizona*
- 9-10:30 am **Grasping the Power of DKA for Prevention Strategies**
Daniel A. Meyer MD, *Director of Hospital Medicine and Adult Inpatient Medicine, Maine Medical Partners; David Marrero PhD; Stacey Starbird-Richmond RN; and Heleana Nickerson RD.*
Moderator: Cindy Young RN
- 10:30-11 am Break / Exhibit Viewing
- 11-12:30 pm **Group Work as Self-Care for Professionals and Enforcer for Patients**
Wendy Satin Rapaport MSW, LCSW, PsyD, *Assistant Professor of Medicine, University of Miami School of Medicine, Diabetes Research Institute; Clinical Psychologist, Private Practice; Assistant Professor, University of Maine Graduate School of Social Work-*
- 12:30-1:30 pm Lunch and Exhibit Viewing
- 1:30-2:15 pm **Maine CDC, Chronic Disease Prevention and Control Program Diabetes Update**
Nathan Morse CHES, TTS-C, *Diabetes Program Coordinator*
- MeADE/AADE Update**
Patricia N. Zavaleta RN, *MeADE Team Leader*
- 2:15-3:45 pm **Implications and Roles of Marijuana Use for People with Diabetes**
Dustin Sulak DO, *Owner and Medical Director, Integr8 Health*
- 3:45-4:15 pm Break / Exhibit Viewing/ Silent Auction final bids
- 4:15-5:15 pm Afternoon Breakout Sessions (choose one)
- a. **Spark a Change: Motivating and Prescribing Exercise for Type 2 Diabetes**
Cara Whittum BS, CCEP, CDE, CHWC, *Health Coach, Paradigm Health Plans*
 - b. **Surgical Weight Loss: Effective Tool for Treating T2DM**
Lynn Bolduc MS, RD, CDE, *Manger, EMMC Surgical Weight Loss, EMMC*
 - c. **Expanding the Diabetes Prevention Program through Community Partnerships**
Louise E. Ingraham MS, RDN, LD, *Diabetes Prevention Program Coordinator, Central Maine Healthcare*
- 5:15 pm Silent Auction winners announced

Tuesday, October 17, 2017

- 6:30–7:30 am Breakfast Product Theater (See confirmation email for more details. No CEs provided)
Please read important change about Breakfast below.
- 7-8 am Registration / Exhibit Viewing
- 8-9 am **Perspectives on Family Burden and Support: Supporting the ‘support system’ for those living with diabetes**
Marcene K Butcher RD, LN, CDE, *Quality Diabetes Education Initiative Coordinator, Montana Diabetes Program – Montana DPHHS, and AADE Educator of the Year*
- 9-9:15 am Break / Exhibit Viewing
- 9:15-10:15 am Morning Breakout Sessions (choose one)
- Improving the Care of Women with Diabetes in Pregnancy**
Emily Proulx APRN, WHNP-BC, *Dartmouth Hitchcock*
 - Foot and Skin Care in Diabetes**
Barbara MacGregor BSN, RN, CDE, CWS, *Staff RN, Core Medical Group*
 - Understanding Cystic Fibrosis Related Diabetes (CFRD)**
Katherine Mullin RD, LD, CDE, *Maine Medical Partners*
- 10:15-10:30 am Break / Exhibit Viewing
- 10:30-12 pm **Power of Self-Care**
Wendy Satin Rapaport MSW, LCSW, PsyD, *Assistant Professor of Medicine, University of Miami School of Medicine, Diabetes Research Institute; Clinical Psychologist, Private Practice; Assistant Professor, University of Maine Graduate School of Social Work-*
- 12 pm Adjourn

Program subject to change without notice

Breakfast Product Theaters – We will not provide breakfast this year as part of your registration. Two Product Theaters serving breakfast will be offered on a first come/first served basis. More information about the programs offered and how to RSVP will be provided in the confirmation email. For those choosing not to attend, the Copper Pine Café at Point Lookout will open at 7 am, we will provide a list of local restaurants that offer breakfast, or you may prepare breakfast in your cabin.

Disclosures by Speaker and Conference Planning Committee members.

No potential conflicts except: *Daniel Meyer MD – Stock*
Dustin Sulak DO – Stock

Conference Planning Committee

Cindy Young BSN, CDE - *Maine Medical Center - Portland, Chair*
Jennifer Courtois RN, DNS – *Kindred Healthcare: Monarch Center – Saco*
Sherry Dow RN - *PCHC – Bangor*
Deb Dumoulin RN, BSN, RD, LD, CDE - *Maine Health Care at Home – Saco*
Christopher Irish RN, BSN, CDE, CPT – *Androscoggin Home Care – Lewiston*
Nathan Morse CHES, TTS-C - *Maine CDC, Chronic Disease Prevention and Control Program - Augusta*
Katherine Mullin RD, LD, CDE – *Maine Medical Partners - Portland*
Heleana Nickerson MS, RD, LD, CDE - *Houlton Regional Hospital – Houlton*
Susan Young RN, BSN, MPH, CDE - *Blue Hill Memorial Hospital – Blue Hill*



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 Point Lookout, Northport, Maine

REGISTRATION FEE: includes lunch and conference materials. (Note no breakfast is included.) Pre-registration required. Confirmations by email.

	Early Bird until Sept 6	Regular until Oct 9	Walk-In October 15-17
AADE Member	\$155	\$175	\$200
Non-member	\$205	\$225	\$250
Sunday only	\$ 45	\$ 50	\$ 55
Monday only	\$155	\$170	\$185
Tuesday only	\$105	\$110	\$115

DEADLINE: October 9: Submit your conference registration. Refunds (less a \$25 processing fee) will be available for cancellations received by this date. Substitutions are encouraged. Registered no-shows will be billed.

Name _____
 First Name for Badge _____ Credentials _____
 Title _____ License # _____
 Organization _____
 Address _____
 Town / Zip _____
 Phone _____
 E-mail _____

I request Vegetarian Lunch

WORKSHOP CHOICE (please indicate code e.g. A, F)

Mon PM: 1st choice _____ 2nd choice _____
 Tues AM: 1st choice _____ 2nd choice _____

CONTINUING EDUCATION

I request CEUs
 I request a General Certificate of Attendance

OVERNIGHT ACCOMMODATIONS

NOTE: reservations must go directly to Point Lookout.
 I would like to share a cabin. Please send me the names of others who are looking for a roommate.

REGISTRATION FEES

Early Bird (until Sept 6)		
<input type="checkbox"/> Full Conference: AADE member		\$155 _____
<input type="checkbox"/> Full Conference: Non-member		\$205 _____
<input type="checkbox"/> Single Day: Sunday only		\$ 45 _____
<input type="checkbox"/> Single Day: Monday only		\$155 _____
<input type="checkbox"/> Single Day: Tuesday only		\$105 _____
Regular (Sept 7 – Oct 9)		
<input type="checkbox"/> Full Conference: AADE member		\$175 _____
<input type="checkbox"/> Full Conference: Non-member		\$225 _____
<input type="checkbox"/> Single Day: Sunday only		\$ 50 _____
<input type="checkbox"/> Single Day: Monday only		\$170 _____
<input type="checkbox"/> Single Day: Tuesday only		\$110 _____

TOTAL AMOUNT DUE \$ _____

ONLINE REGISTRATION and PAYMENT INFORMATION

Online registration is preferred. You may register online and then pay by check or purchase order made out to “American Association of Diabetes Educators (AADE)”. If you register online, please send payment by October 9 to: AADE Programs, Dept 4445, Carol Stream IL 60122-4445. If you register using this form, please email/send a copy of the form to Great Gatherings at 69 Sewall St, Augusta ME 04330 AND send the form & check to AADE at the address above.

Sorry, payment by credit card is only possible via online registration.

Questions? Please contact Great Gatherings LLC at 207-622-5330 or greatgatherings@gwi.net

Please register online at www.myaadenetwork.org/maine